

# **CHILD-TO-CHILD APPROACHES TO CHILDREN'S PARTICIPATION IN HEALTH AND DEVELOPMENT: A COURSE FOR PROGRAMMERS AND FACILITATORS**

**Aim:** To introduce Child-to-Child approaches to course participants and assist them to develop their planning, training, monitoring and evaluation skills using the Child-to-Child approach.

## **Course Objectives**

**By the end of the course, as a group we will have:**

- Examined key concepts of health and health education and the implications of their interpretation for quality of education and quality of life.
- Assessed the role of children as partners in providing better health and enhancing health knowledge and practice for other children, their families and communities.
- Understood the, nature, role and potential of the Child-to-Child movement as expressed in the principles and characteristics of the approach.
- Reviewed the extent, nature and potential use of the material resources produced by the Child-to-Child Trust U.K.
- Reviewed the importance of skills-based health education within the concept of health promotion and the contribution of Child-to-Child approaches towards it.
- Discussed and practiced the methodologies used in programmes using the Child-to-Child approach and especially the step by step approach designed to link learning directly to health action in home and community. Emphasis will be on examples with respect to child protection and in conflict situations.
- Considered the role of the Child-to-Child approach towards enhancing the concept and effectiveness of the Health Promoting [or Health Action] Child Friendly School.
- Considered the approaches and skills necessary to organise launch and run a locally based course to initiate or improve Child-to-Child approaches.
- Considered the approaches towards participatory evaluation necessary in both programmes and courses to enable steady improvement to take place over time.